

ELIZABETH WERTH

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Client Reference: 3363

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Shop 1A, Steenberg Village, Reddam Ave,
Tokai, Cape Town, 7945, RSA**January 8th, 2026**

Name	ARNY	Sex	Male	Colour	-
Reference	10730	Neutered	No	Weight	0.39 kg
Species	Bird	Date of Birth	08/04/2009	Microchip	-
Breed	AFRICAN GREY	Age	16 Years, 9 Months		

Dear Sir / Madam

TO WHOM IT MAY CONCERN - SPCA Inspector Siviwe MokoRE: ARNIE WERTH

I Dr. Georgina du Plessis hereby declare that I have been approached by Mrs Elizabeth Werth to act as designated veterinarian for, Arny the African Grey.

Mrs Elizabeth Werth contacted Steenberg Veterinary on 23 December 2025, however Dr Georgina du Plessis was on leave and fully booked. As such the earliest appointment we were able to see her on was 8 January 2026.

I found Arnie to be in good condition and physically healthy. Arnie, does suffer from chronic plucking. Some of those feathers are physically unable to grow back.

The most recent examination/inspection was conducted by me on 8 January 2026.01. This included a full health check-up which included a 45 minute talk regarding food, enrichment and housing. This included a conversation about lessening any stressors in the environment. Mrs Werth was also given some information sheets with plenty of links to articles, blogs and videos regarding behaviour modification, general care information including mental and physical enrichment. He has been sent home with an anti-anxiolytic medication which may be ongoing. A Suprelorin implant was inserted to reduce the hormonal influence on the plucking behaviour. We will have to monitor his response.

If plucking does not improve on all of the above there are other medications that we can try. Taking an X-ray in future is an option if plucking does not improve. Arnie is on a balanced diet.

Yours sincerely

DR. GEORGINA DU PLESSIS (BVSc)

SAVC Reg.No: D87/2680